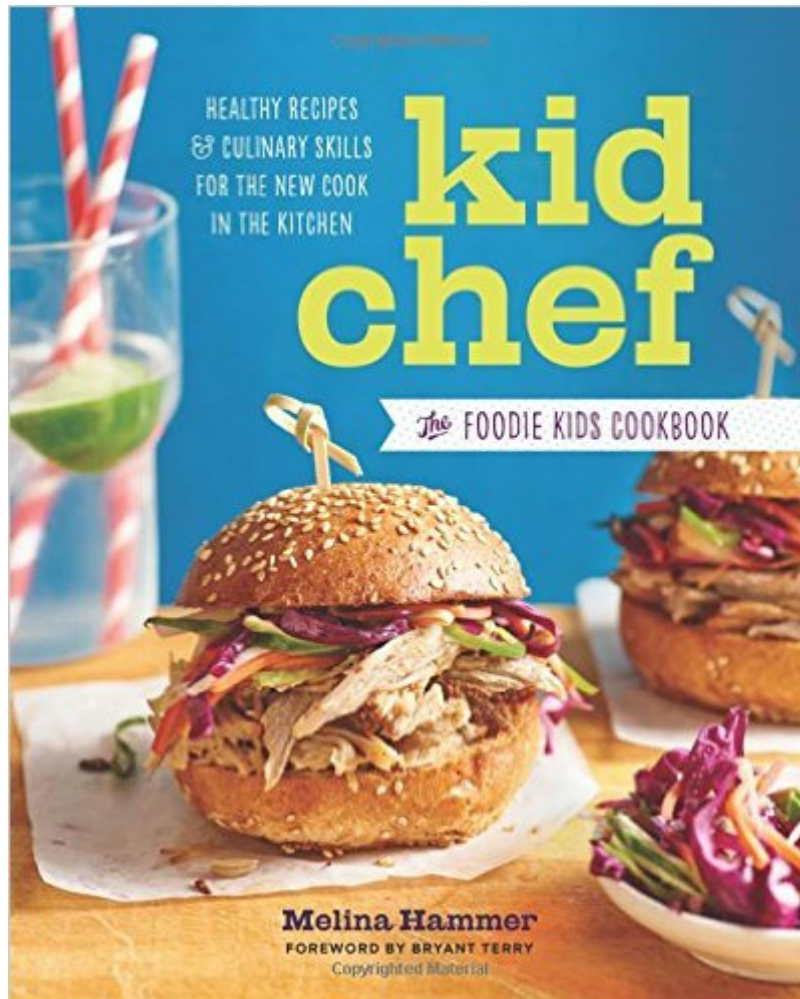


The book was found

Kid Chef: The Foodie Kids Cookbook: Healthy Recipes And Culinary Skills For The New Cook In The Kitchen



Synopsis

Finally, A Cookbook for Kids Who Seriously Love To Cook Aspiring young chefs will love the fun, easy-to-follow instructions in this kidsâ™ cookbook thatâ™s part cooking school and part cookbook. First, kid chefs enroll in culinary school and learn the skills theyâ™ll need to excel in the kitchen, from sharpening their knife skills to prepping ingredients. Then theyâ™ll be ready to set up shop and cook a range of deliciousâ•and nutritiousâ• recipes that are sure to please parents, too. Packed with beautiful full-color photography and cooking fun facts, Kid Chef trains young chefs to whip up delicious dishes like a pro, with: 75+ HEALTHY RECIPES: From small bites to impress-your-family meals like Potato-Gruyère Tart to simpleâ•and totally temptingâ• desserts like Chocolate-Cherry Bark KITCHEN BASICS: Kids learn how to stock their pantry, create a grocery list, handle a knife safely and effectively, and safely use the stove RECIPE TUTORIALS: Easy-to-follow recipe tutorials help kids put the basics they learn into actionâ•from making garlic bread, salsa fresca, and more! Whether youâ™re cooking with kids or empowering your child to cook family meals on their own, Kid Chef will give them the tools they need to succeed in the kitchen.

Book Information

Paperback: 202 pages

Publisher: Sonoma Press (April 5, 2016)

Language: English

ISBN-10: 1943451206

ISBN-13: 978-1943451203

Product Dimensions: 7.5 x 0.5 x 9.2 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 starsÂ• See all reviewsÂ• (134 customer reviews)

Best Sellers Rank: #7,357 in Books (See Top 100 in Books) #10 inÂ• Books > Children's Books > Children's Cookbooks #48 inÂ• Books > Cookbooks, Food & Wine > Cooking Methods > Quick & Easy #196 inÂ• Books > Cookbooks, Food & Wine > Special Diet

Customer Reviews

I almost did not accept the offer to review this book, because my two youngest children are 19 (and presumably not the target audience for a cookbook for kids). Honestly, though, after reading through the book, I think the title is misleading. If this is indeed intended as a book for kids, I think it may have missed the mark.Directions: Range from almost pedantic ("Always wash your hands") to

assuming a level of prior knowledge and skill that is probably beyond most. While there are some illustrations and photos, I think more would be helpful to support the skills and techniques being taught. Recipes: Many of the recipes seem to cater to a fairly sophisticated palate. (Potato-Gruyère Tart? Minty Avocado-Melon Mix? Most kids I know would be suspicious of the names alone.) It's an interesting assortment of healthy and delicious-sounding recipes, but I just don't know that it "works" for the intended audience. Ingredients: Haricots verts? Niçoise? Anchovies? Mine wouldn't be able to pick those out of a line-up. Some recipes call for specialty items (cheeses, vegetables, spices, fresh herbs) that one would not typically have on hand (and may not be readily available at some markets). Tools: I have a very well-stocked kitchen, but would have to specially purchase some of the tools needed for these recipes (such as a citrus reamer, zester, mortar and pestle, and melon baller). I suspect most typical household kitchens lack at least some of these items. The recipes also require several types of cookware and bakeware, an assortment probably not available in most homes.

[Download to continue reading...](#)

Kid Chef: The Foodie Kids Cookbook: Healthy Recipes and Culinary Skills for the New Cook in the Kitchen Leadership: Management Skills, Social Skills, Communication Skills - All The Skills You'll Need (Conversation Skills, Effective Communication, Emotional ... Skills, Charisma Book 1) Mr. Food Test Kitchen Cook it Slow, Cook it Fast: More Than 150 Easy Recipes For Your Slow Cooker and Pressure Cooker Cook It in Cast Iron: Kitchen-Tested Recipes for the One Pan That Does It All (Cook's Country) The Young Chef's Mexican Cookbook (I'm the Chef) Brown Bag Lunches for Kids: Healthy and High-Nutrition Lunch Recipes for Kids' School Lunches (Healthy Meals & Lunch Recipes) The Young Chef: Recipes and Techniques for Kids Who Love to Cook Fast Favorites Under Pressure: 4-Quart Pressure Cooker recipes and tips for fast and easy meals by Blue Jean Chef, Meredith Laurence (The Blue Jean Chef) Air Fry Everything: Foolproof Recipes for Fried Favorites and Easy Fresh Ideas by Blue Jean Chef, Meredith Laurence (The Blue Jean Chef) Pies and Tarts: The Definitive Guide to Classic and Contemporary Favorites from the World's Premier Culinary College (at Home with The Culinary Institute of America) Cooking Healthy with a Food Processor: A Healthy Exchanges Cookbook (Healthy Exchanges Cookbooks) Cook Like a Rock Star: 125 Recipes, Lessons, and Culinary Secrets The Healthy Hound Cookbook: Over 125 Easy Recipes for Healthy, Homemade Dog Food--Including Grain-Free, Paleo, and Raw Recipes! The Best Slow Cooker Recipes & Meals Cookbook: Over 100 Healthy Slow Cooker Recipes, Vegetarian Slow Cooker Recipes, Slow Cooker Chicken, Pot Roast ... Recipes, Slow Cooker Desserts and more! Communication Skills: 101 Tips for Effective Communication Skills (Communication Skills,

Master Your Communication, Talk To Anyone With Confidence, Leadership, Social Skills) Little Foodie: Baby Food Recipes for Babies and Toddlers with Taste At the Chef's Table: Culinary Creativity in Elite Restaurants The Smitten Kitchen Cookbook: Recipes and Wisdom from an Obsessive Home Cook The Ultimate Healthy Dehydrator Cookbook: 150 Recipes to Make and Cook with Dehydrated Foods The Cookbook for Kids (Williams-Sonoma): Great Recipes for Kids Who Love to Cook

[Dmca](#)